Clarke Courier

Volume LVIII

Clarke College, Dubuque, Iowa

Friday, December 12, 1986

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To all the cast member of "What the Butler Say"

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With the sound of my voice, you will fall slowly into a relaxed state, just letting yourself go." This was only some of the dialogue heard in the Clarke Union last Friday night. With the lights dimmed and a red light flickering, Jim Wand performed his hynotist show with many eager participants.

Wand has been hypnotizing people for eight years. He became interested in hypnosis when he was a freshman in college. "I was very overweight and I was afraid to speak in front of people," said Wand, "I went to see a doctor in Chicago and was advised to be hypnotized." Wand tried hypnosis and he took off the pounds. Ever since that first visit,

Wand has studied all over. He received his Bachelors degree at Loras and his doctrate degree at the University of Wisconsin. He also took a few classes here at Clarke.

Wand has worked with famous people such as Sylvester Stallone and some of the Chicago Bears. Along with hypnotizing, Wand learned self hypnosis. "It took me about three months to perfect the techniques and now I can perform self hypnosis in two minutes."

Being a hypnotist is fun according to Wand. "I can remember parent's weekend at Marquette University when there was an audience of 1500 people. A parent in the audience became hypnotized and thought he Wand became interested in was a bird," said Wand. "He did

Anyone can be hypnotized if they want to be. No one can be forced to be hypnotized if they do not want to be and if they are hypnotized they cannot do or say anything that will make them feel uncomfortable." said Wand.

Some of the Clarke participants share what they thought of hypnosis.

Lisa Morrison said, "I was feeling very happy. I was totally relaxed but the relaxation went into different stages. It was like I was falling deeper and deeper." She said she

especially liked "fighting with the other students."

Shelly Boudreau, was pulled from the audience after falling into deep relaxation. "I didn't think I could get hypnotized," she said. She described the experience as being very relaxing and comfortable. "I felt like I was in a dark room. The thing that surprised me the most was how fast the time went. It seemed like I was on stage for about 30 minutes but it was an hour and a half.'

Carol Templin will find out if her post-hypnotic suggestion will work out at finals. Templin wanted to have better study skills. "I am studying now. I will just have to see what happens." Templin described her experience as weird because she was in total control. "One thing I thought was weird was I was aware of everything I had done." After being brought out of the hypnosis, Templin felt very energetic.

Anyone can be hypnotized if they want to be. Hypnosis has helped many people with stress, overweight, smoking, study skills and memorization.

Cue gets the job done

by Kelly Smith

Pleasant and outgoing, Steve Cue is the number-one man who keeps the plumbing and electrical services in check at Clarke.

Although Public Relations Director is not his title, Cue's excellent rapport with students, staff and faculty deems him a natural at communicating. "I'm in constant contact with everyone from the president of the college to part-time students," said Cue. "Everyone has a good relationship going and that makes for very pleasant working conditions.'

Previously employed by FDL Foods, Cue decided that he needed a change in occupation. He came to Clarke in April, 1982, and said that he likes the freedom that comes with his position. "We're more or less allowed to do things in the order we feel is most important."

Adequate work facilities and easy access to needed equipment is also a plus. "There is never any trouble in getting whatever equipment may be needed for a particular job," Cue said. "Of course, we are limited to what we can do. If we encounter a job that is not within our capabilities, we have other sources to contact."

Although plumbing and electrical work are his specialities, Cue said he has done everything from installing air conditioners to repairing telephones. He also included that much attention is demanded in many areas to keep the buildings going.

job, Cue said that it's the versatility evenings at St. Patrick's Church.

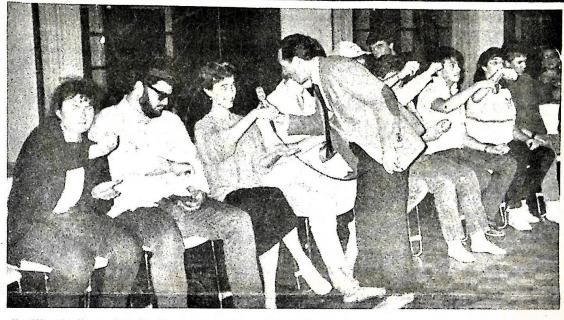
that keeps him from getting bored. "Sometimes individuals who are unhappy with their jobs look for excuses not to come to work." Cue said that people need to find jobs that are enjoyable and fulfilling for them because "everyone needs to have a sense of self-pride at the end of the

In keeping with his ambitious attitude, Cue said that he would eventually like to take some photography and computer science courses. "My kids come home from school and try to relate what they're working on in computer class," Cue said, "and I haven't the faintest idea what they're

Cue believes that sooner or later all of the departments will be run through computers and that for inventory purposes a computer would be particularly beneficial in his

Cue's demanding work schedule does not easily lend itself to the free time needed to take classes or enjoy hobbies. However, when Cue can squeeze it in, he likes to hunt and go fishing. "Last summer I started jogsaid Cue. "It's not as boring as I thought it would be and sometimes my hunting dog, Shane, goes along. We're basically fair weather joggers though."

Cue and his wife, Carolyn, have three children, Vickie, 15, Shelly, 13, and Brian, 8. Together they enjoy playing family volleyball on Saturday



Jim Wand talks to Jennifer Harrington about what she's painting while she and other Clarke students are under hypnosis. (photo by Vicki Schmitt)

Critic pleased with 'Butler'

by Gretta Berghammer

Clarke College's production of Joe Orton's What the Butler Saw is one of the better farcical performances I've seen this year, and the best overall production of this play I've ever seen.

All the actors were strongly committed to the style and "reality" of the piece. Timing, pacing and rhythms were nicely orchestrated by Director Timothy Porter to achieve a production that paid service to both Orton's comic wit and biting social satire. Porter deftly combined language, physicalization and visual variety to create a production that communicated plot, theme and character.

The cast was technically very even. All the actors were comfortable with the language and dialect, and brought a sincerity to the piece that made the farce "real" for me. The actors really talked and listened without commenting on the humor or satire. I was particularly impressed with the performance of Melody Fadness. Her portraval of the traditionally male role of Dr. Rance was very sharp. I admired her use of the language and physicality in creating a very believable three-dimensional character. She was a strong

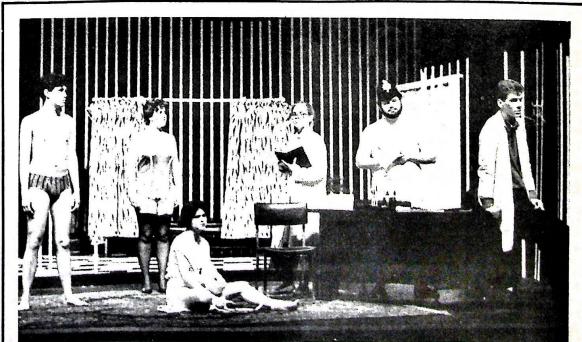
character, and the other actors seemed to relax and play off of and with her most confidently.

Ellen Gabrielleschi's set marvelously interpreted the distorted reality in which Orton sets his play, and Penelope Koob's costumes deftly interpreted the "distinguishing" qualities of the characters at hand.

Timothy Porter and his company of actors are to be commended for an energetic, entertaining and imaginative production.

Critic Gretta Berghammer is an assistant professor in the theater department at the University of Northern lowa.





From left, Mike Bisping, Maureen Bradley, Bridget Garvin, Melody Fadness, Brian Baker and Doug Rodman perform in a scene from "What the Butler Saw." (photo by Hank Goldstein)

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by Susan Donovan

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Editor graduates



by Lorna Japsen

Another semester is coming to an end. As many students are packing to go home for Christmas, I'll be preparing to enter the "real

Yes, I'm now looking forward to bills, responsibility, independent living and, hopefully, a real job. Last week NBC News reported that there are fewer jobs for college graduates; but, the lucky people who find jobs will get higher salaries.

As I look back at the past three years I realize that I've learned quite a bit at Clarke. As a communication major, I've learned how to write complete sentences. (That is a major accomplishment around here.)

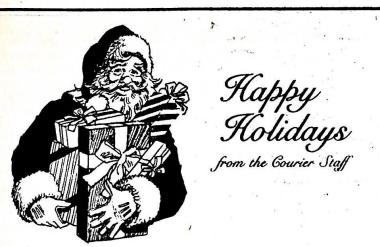
As some of you know, I've edited the Clarke Courier for the past year. This experience has taught me that I never want to work for a newspaper. Sure, there have been some good times. times that I wouldn't give up for the world. But, there have also been some frantic, tense, exasperating times. I can live in the world of deadlines. It's when the people around me didn't that I wanted to give up.

Along with all the many changes at Clarke, the Courier has also changed. The staff has tried to make the paper something worth reading. We've tried to forget that most people don't read it no matter what we do. (If they did, I'm sure we would have received more comments, either positive or negative.)

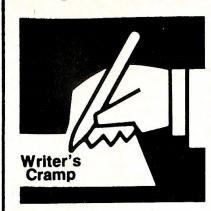
Kathy Wieland will be editor next semester. Marie Rank will take the position of associate editor. I wish them all the good times I had without all the problems. I realize this is a pipe-dream, but wish them well anyway.

I also want to thank Mike Acton for being the best teacher I ever had. He helped make my sometimes overwhelming jobmore bearable. He taught me that a sense of humor is the best defense in any situation.

Good luck to everyone left here at Clarke. Merry Christmas. Ha!



Vacation advice offered



by Brian Baker

With finals week and Christmas vacation right around the corner, I thought I'd let you know how to survive both final examinations and the return to prison, ahem, parental guidance. These suggestions come to you after many years of final exams and prison escapes/returns. Follow them for a survivable return to THE REAL WORLD, the one that exists outside of college life. And good luck.

Final Examinations

There is no way to survive final examinations short of rioting, looting and studying, not necessarily in that order. It is important to give yourself a certain amount of release each day. Some acheive this release through attending the CSA sponsored study breaks: others, through primal scream techniques. Last year some of the students attended a jello wrestling festival at one of the local bars.

Whatever you decide to do remember not to inflict your choices on others. While you may find a certain release listening to Perry Como cranked up so loud that the people in Mary Fran can hear your music when you reside in Mary Ben, the people in Mary Fran (who are reknowned for their good taste) will probably hunt you down and kill you. Tension is always high at finals, but especially in Mary Fran because they are all upper classmen and the REAL WORLD is beating on their door, waiting to devour them.

After the longest week you will ever experience, you will pack your bags, leave your books behind and go home. This can be a very traumatic experience. So traumatic, in fact, that some students choose to stay at school or visit friends during this

based on unreasonable fears.

needles and sexual activities involv-

ing exposure to infected blood and

semen significantly increases the risk

of acquiring the disease. We also

know from studying who has and has

not gotten the disease (epidemiology)

that it is not contagious to others who

have close, but not intimate contact

with individuals with AIDS. Victims of

AIDS are being cared for in their

homes or in hospitals and those

around them are not catching the

(CDC) is the official agency in the U.S.

responsible for setting standards for

the prevention of communicable

diseases. This agency, which sets

standards to error on the side of ex-

cessive caution states "The kind of

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This clearly demonstrates that in-

dividuals with AIDS need not be

feared in work or social situations.

There is no reason AIDS victims can-

not continue to work or participate in other appropiate activities as long as

The Center for Disease Control

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and that sharing of intravenous fired from their jobs ar

break, choices I find completely acceptable if the alternative is open to you. If not, you can expect to undergo four stages of withdrawal from college: elation, boredom, tension and anticipation. Some scholars offer a fifth category of intoxication, but in deference to the freshman and others who are not of age or choose not to imbibe, I will only suggest that it is an area which must not be neglected during your vacation.

Elation

Your finals are over, you've bid your friends a teary farewell and you're finally on your way home. No assignments, no textbooks, no sharing a washer and dryer with a dozen people, no more cafeteria food. It will be great to be away from everyone for a few weeks, to see your parental units. Nothing but fun awaits.

This, of course, is a pipe dream. The thrill of leaving college and all its responsibilities has overtaken your fear of leaving an environment which has helped to mold and form you into a young and independent person. You are exchanging your freedom for a little taste of the safety you once felt at home, a safety you will learn to

Boredom

Depending upon your environment, your personality and your family pets, boredom will strike you sometime during your semester break. For most people, the "big B" will strike as soon as they are out of their last final; for others, as soon as crossing the threshold of their family home. The best ways to combat boredom are watching cable TV, visiting old friends and hometown haunts of yesteryear. Of course, cable "TV" becomes repetitious after a week, old friends aren't always as interesting after a semester (and definitely not as interesting after two or three years) of college.

It is at that time you should visit the familiar places of your youth, especially shopping malls, movie theaters and bars. This last suggestion, of course, is for the bold and adventuresome few who wish to delve into the fifth category, which I said I would not discuss, but I do recommend considering it.

Tension

Usually after Christmas has passed and the feeling of peace and goodwill to all on earth has been boxed

away with the other seasonal decorations, there will be a certain feeling of anxiety that will overcome you. This feeling will be verified when your grades arrive in the mail and your parents wish to discuss them with you, or when they want to know how anyone could possibly spend so much time on the phone talking long distance.

Basically, you will find that your parents will treat you less like a guest and more like a child as vacation drags on. You and your significant other may get into an argument, and your friends will want to spend more time bathing the dog or brushing their teeth than talking about the good old days with you. It is at this point I encourage you to partake in an examination of your soul and your life through participation in category number five.

Anticipation

As January 12, 1987, approaches, you will spend a lot of your time doing your laundry, packing and thinking of stories to tell your Clarke friends about how much fun you had at home. You will bid a teary farewell to your friends and family, climb into the mode of transportation you will be using to get back there and start to smile for no apparent reason. To celebrate your survival, you might even open a bottle of something sweet and sympathetic, like Andre champagne or Jack Daniels Black Label. When you are back, you will probably spend more time babbling with your friends and neighbors than unpacking. Life will once again be yours to do with as you please.

About one week after your arrival at Clarke, you may find yourself asking the question, "Why am I here?" The answer, of course, is because it beats the hell out of home.

Reminders

First, please be careful about drinking and driving. You might spill your drink and you could really mess up your life big time. Second, lowa's mandatory seatbelt law goes into effect on January 1, 1987. Don't get sent to prison because you weren't wearing your seatbelt. Hit the officer who writes the ticket and get sent to prison for striking an officer, not for refusing to wear your seatbelt.

Finally, a fond farewell to those seniors who graduate and to those. who will not be returning to Clarke for one reason or another. Merry Christmas and Happy New Year everyone. See you next semester.

The Courier welcomes any comments or letters to the editor. All letters must be signed. The editor reserves the right to edit letters when necessary and to refuse letters unsuitable for publication. All correspondence should be ad-

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Clarke Courier

John Kemp.

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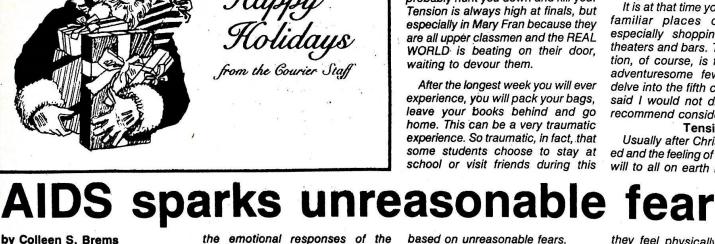


social relationships. Even rumors of AIDS can significantly interfere with relationships. Richard Prior, in a recent interview with Barbara Walters, spoke with anger about the rumors of him having AIDS. He talked of people refusing to get on an elevator with him and withdrawing their hand before a handshake could be completed.

There seems to be a significant difference between what we know intellectually and how we respond emotionally.

Although the CDC's standards are accepted by the general public for all other illnesses, this same level of confidence is not given when AIDS is involved. An article in the Dec. 8 issue of Time, "AIDS Goes To Court," we see that the legal system is being called upon to determine if fear of contagion, even irrational fear, is sufficient to deprive AIDS patients of jobs and insurance.

Factual information and legal decisions are not enough to overcome the unreasonable fears or prejudices associated with AIDS. These prejudices must be examined as any other prejudice would.



Recently there has been a signifi- general public will be examined at

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ing near someone with AIDS or that

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Denial of the severity of the AIDS

epidemic falls somewhere in bet-

ween. This mixture of unrealistic fear,

anger and denial can be understood

as related emotional responses of

factor that assists in our survival, but

but this fear needs to be based on

facts not ignorance. This fear should

be harnessed to provide the motiva-

tion for responsible, safe behavior,

not excuses for irresponsible pre-

judical behavior. Factual education

regarding how the disease is spread

and what it means in relation to each

of our lives is essential. This allows

individuals and groups to make

responsible decisions and modify

behavior based on accurate informa-

tion rather than emotional responses

Fear can be a healthy motivating

AIDS is an epidemic to be feared,

fear to a threat to one's survival.

fear can also be destructive.

More reasonable responses in-

cant increase in media coverage of this time.

simply as AIDS. This issue has been

examined in numerous magazines,

TV specials and local papers, yet

there seems to be a feeling that AIDS

has very little to do with us in Dubu-

que, Iowa. Some people think it only

happens to others, and if "I'm not a

gay male or IV drug user I need not

be concerned." This may be part of

a normal developmental stage, in-

cluding a feeling of invulnerability

associated with 18-25 year olds, or

simply wishful thinking. This thinking,

however, unrealistic and inap-

AIDS is an extremely complex

issue and even if each of us is lucky

enough never to have the disease or

to know someone who has it, we will-

still be affected by it. The conse-

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About one week after your arm

Cummings enjoys security work

gives students and faculty the prolection required to function as a safe college. This protection is provided by security guards such as Lyn

Cummings has a background dealing with security and law enforcement. Cummings said, "I've always liked law enforcement because I like helping people." She also said she likes having power and

Cummings received her training in law enforcement at Hawkeye Technical Institute. She took law enforcement courses in firearms, fingerprinting, sociology and psychology. Cummings thought about becoming a policewoman at one time, but changed her mind and decided to get involved in security. She said she didn't like the idea of riding in a police car for eight hours.

Cummings has been involved with the Dubuque Law Enforcement Exolorers since 1981. The Explorers is a group of young people who learn about the law enforcement system and have training similar to regular

them in areas of criminal codes, fingerprinting, crime scene investigations, CPR and first aid. "The explorers are more disciplined than regular officers and they take everything more serious. The police department depends on them to do the job right," said Cummings.

During Cummings' first year as an explorer, she was involved in secret service work when Vice President George Bush was in Dubuque. She was also a security guard for Governor Terry Branstad.

"The security system at Clarke is good," said Cummings. She believes she does a good job. "I'm always available when needed and that makes my job interesting." Cummings likes working at Clarke because she is always on the move and involved with the students. "There aren't any major improvements needed at Clarke. The system is safe."

Cummings' responsibilities involve locking up the buildings, shutting off the lights, opening rooms for students or faculty, walking with people who carry money from the Union at night and checking windows and officers. Cummings is the advisor for doors to make sure there are no her own explorers group and trains signs of break-ins. "I usually make

approximately six or seven rounds of the campus. During the last round of the night I do extra checking to make sure everything is in order for the next guard who replaces me."

Cummings said the students are in no danger walking at night. She

said she sees a lot of people walking in pairs at night and believes this is much safer. "The campus if fairly safe if the students walk in front of the buildings where there's a lot of light," she said. She doesn't carry a gun because there is no need for that said.

kind of protection.

Cummings' future goal is to become a security guard on an ocean liner or at Disneyworld in Florida. "I'd like to get a job in fairly nice weather and less pressure," she



Security guard Lyn Cummings locks the front door of Mary Josita Hall during one of her hourly rounds of Clarke's campus. (photo by John Kemp)

Rape discussion held

by Susan Donovan

On Monday, Dec. 1, at 8 p.m., Jan Maiers, a nursing student at the University of Dubuque, informed a group of Clarke students about rape and the most common misconceptions among college students that surround the crime.

Maiers sponsored the program for her independent study of sexual assualt. A group of 10 to 15 students attended the program.

After handing out a questionaire, which asked the students what their definitions of rape were and what they thought constituted rape, Maiers read through the questions to help clear up any false ideas the

The group discussed their feelings about rape and the different types of

Maiers informed the group that 'date rape" was the most common rape among college students. "The WITH WILL NOT DE RETURNING TO LIEUTING TO THE REASON OF ANOTHER LET CONTROL OF THE RESERVENCE OF THE R majority of these rapes are not reported," said Maiers, "due to the leelings of guilt felt by the victim, which is most common, especially the rapist is an aquaintance."

Maiers said the majority of all lapes are planned, occur during the and involve male victims as well as female. The statistics of reported rapes involving male victims

is very low due to the higher amount of guilt felt by the male victims. "This can stem from the victim's own guilt and from a fear of homosexuality," said Maiers.

Maiers indicated that all rapists are not psychologically "crazy," nor is sex the motive in all rapes. In the majority of rapes, the assailant and the victim are the same race. The victims usually blame themselves and are frequently rejected by family and

Maiers showed a film titled "Rethinking Rape." The film covered "date rape" and the issues surrounding pornography's link to

Maiers believes that pornography is a contributing factor to rape. "Some rapists think of the romantic resistance of a woman as being normal and purely romantic," said

The target age group of victims is 16 to 25. The national average age of rape victims is 24. Because the age group covers high school and college students, Maiers believes that rape awareness programs in schools are necessary.

Further information about rape awareness programs can be picked up in the student development office.

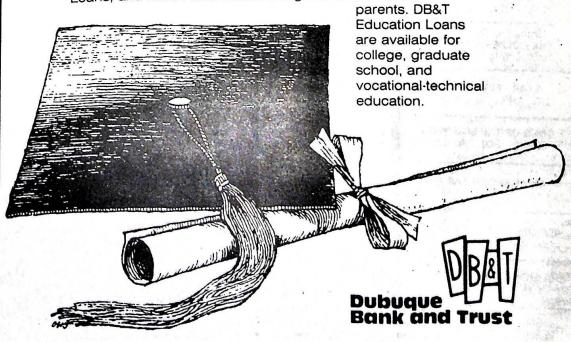
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Galle excells as Officer Friendly

by Judy Bandy
"Last night our neighbors were fighting and the police came to their

'My uncle got arrested one time for driving while he was drunk. Maybe you know him?"

Patrolman John Galle cringes as he relates some of the unsolicited comments he gets while visiting kindergarten through third grade classrooms. Officer Galle is a 16-year veteran of the Dubuque Police Department and the force behind the 10-year-old "Officer Friendly" program.

"You never know quite what to expect when dealing with children that age," said Galle, "but in spite of the occasional embarrassing moment, I find it very rewarding to be involved with the program.'

"Officer Friendly" began as a Community Action program 25 years ago in Evansdale, III. Funded by the Sears-Roebuck Foundation, it was implemented in the Dubuque School System in 1976.

Galle's enthusiasm is evident as na leans back in his swivel chair. Hands behind his head, he recalls violting his three sons' classrooms. Although unimpressed with the police gear they were already familiar with, he suspects they enjoyed showing him off a little.

"Schools are changing," said Galle, "and police work is changing too. Communities are demanding that schools and police become more relevant and effective.'

The "Officer Friendly" program is one way the schools and police work together to meet that need. In many cities the program has helped bridge the gap between police and community by giving children the chance to become acquainted with a police officer in a friendly and informal setting.

"The teacher is expected to set the stage prior to each of three classroom visits, which are usually spread out evenly over the year." said Galle. He explained that the first

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STAR TREK IV(PG) 1:20, 4:00, 7:00 & 9:15

SONG OF THE SOUTH (G) 1:00, 3:00, 5:00, 7:00 & 9:00

AN AMERICAN TAIL (PG) 1:15, 3:10, 5:10, 7:10 & 9:05

CROCODILE DUNDEE (PG-13) 1:00, 3:10, 5:05, 7:10 & 9:25

CHILDREN OF A LESSER GOD 1:25, 4:05, 7:00 & 9:25

> FIREWALKER (PG) 1:30, 4:10, 7:05 & 9:25

> > ₱ 1986 AT&T

visit is an introductory period during which the teacher and pupils get to know him. "Officer Friendly" explains that first of all, he is a parent or family person just like anyone else. Each child gets to meet the officer individually. The initial contact with the children is important in establishing rapport for future sessions.

The officer usually begins by telling the children about the police department as a branch of government, explaining that the community works together to protect lives. property and the health of its citizens by obeying its laws and regulations. He explains that all countries, states and towns have some form of law enforcement and that even though differences may exist in rules, regulations, types of uniforms or color of patrol cars, all citizens are expected to know and obey the laws of their particular area.

According to Galle, the children are astonished when he tells them that the equipment used most often by a police officer is his pencil. "I start out by asking them what piece of equipment they think an officer uses most often," said Galle. "Inevitably, they respond with shouts of evitably, they respond with shouts of 'gun' or 'handcuffs.' Sometimes, they're a little disappointed to find that much of a police officer's time is spent in the office making out reports and tending to other paper work, but I also think it helps to dispell some of the fears that most children have about law officers."

The second visit is mainly a teaching period when "Officer Friendly", the teacher and pupils participate in a structured learning experience, keeping with the purpose and concepts of the program.

"I talk to the children about all aspects of safety," said Galle, "encouraging them to obey crossing guards and traffic signals when walking to and from school."

Other topics emphasized are bicycle safety, respecting property and how to report an emergency in case of accident or injury. For children of this age, there is also the fear of being lost, so they are instructed on what to do if this should happen. Galle smiles as he recalls a recent

had encountered a little boy sitting on the curb, crying. Upon learning that the boy was lost, the chief showed the boy his identification and offered to help. However, the boy wouldn't budge, insisting that the only one he would talk to was "Officer Friendly."

"It's times like this that really make me feel good about what I'm doing,' smiles Galle. That's not all John Galle should feel good about. He devotes much of his free time to coaching Little League teams in the city and to date, two of his former players have become police officers

Does he think he had any influence in those decisions? He flashes a big smile. "I sure would like to think so," he said.

The third visit to the classroom is mainly a reenforcement lesson. Officer Galle goes over the material that was discussed in the two previous visits and answers any questions the children may have. "I thank the teacher and students for their

cooperation and participation and each child is presented with a Junior Citizen's Certificate," said Galle. " explain that the certificate is an award for being a good citizen and knowing and obeying all laws."

When asked what kind of feed. back the Department receives about the program, he shuffles through the clutter on his desk and comes up with a report that shows a 97 percent positive respose, nationwide.

"The feedback I receive personally is the most gratifying," he elaborates. "I make approximately 700 visits to classrooms each year and no matter where I go, youngsters stop me on the street and remind me that at one time or another, I visited their school. I always remind them that they don't have to have an emergency to come and talk to us. If they have a problem, we can't always solve it, but we can usually steer them to someone who can help.'

The youngsters of Dubuque are lucky to have a program like "Officer Friendly"...and a friend like John

WHEN IS THE RIGHT TIME TO **CALL YOUR BOYFRIEND?**

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by Kelly Smith

Positive living skills such a communication and improvi esteem are among the many taught by Jan Jacobson thro

Nurturing Program. Offered through the Di Jackson County Mental Department, the Nurturing P began in 1984. Jacobsor There was a definite ne families to learn better pa lechniques and how to cope w another more effectively." Parents who are abusive or

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